



Tuesday to Thursday 11:00am - 6:00pm
Friday 11:00am - 5:00pm
You can order before online or just drop by.
www.marmitons.ca/en/ - 450-424-1311
[Facebook.com/Marmitonsenherbe](https://www.facebook.com/Marmitonsenherbe)

PLEASE NOTE: Closed Saturday, Sunday and Monday
Wearing a face cover (mask) is mandatory.
Thank you for your support and it'll be a pleasure to serve you.

Daily soup available at noon

Tuesday November 30

WONTON SOUP - Tuesday's

Ingredients: chicken broth, flour, eggs, pork, sesame oil, shallots.

Individual 1/2 Family Family

4.00 \$ 7.00 \$

General tao chicken - Tuesday

Ingredients: rice, chicken breast, breadcrumbs, eggs, spices, peppers, onions, celery, pineapples, soya & prune sauce, garlic, sesame seeds, salt, pepper.

7.25 \$ 14.00 \$

Extra tao sauce

1/4L *** Ingredients: soya sauce, plum sauce, sweet chili pepper sauce, pineapple juice, garlic.

Beef cannellonis - Tuesday

Topped with italian tomato sauce and parmesan cheese. Served with the vegetable of the day (vegetables may vary from picture). Ingredients: durum wheat semolina, water, eggs, beef, cheese, ground tomato, tomato sauce, basil, onions, garlic, salt, parsley, fine herbs, pepper, parmesan cheese.

7.25 \$ 14.00 \$ 27.00 \$

Wednesday December 1st

Hearty vegetable soup - Wednesday

Ingredients: vegetable broth, butter, onions, celery, carrots, turnip, cabbage, spinach, tomato, basil, pepper.

Individual 1/2 Family Family

3.95 \$ 6.90 \$

Chicken fried rice & eggrolls - Wednesday

Rice: chicken, shallots, carrots, green peas, soya & teriyaki sauce. Eggrolls: flour, eggs, beef, pork cabbage.

6.75 \$ 13.25 \$ 25.00 \$

Chicken fried rice

Rice, chicken, shallots, carrots, green peas, celery, soya sauce, plum sauce.

7.00 \$

Extra Eggrolls - Wednesday

Pack of 3 eggrolls. Ingredients: flour, eggs, cabbage, beef, pork.

4.95 \$

Beef teriyaki - Wednesday

7.25 \$ 14.00 \$ 27.00 \$

Served on a bed of chinese noodles. Ingredients: chinese noodles(eggs), pieces of beef, red onions, broccoli, peppers, oil and sesame seeds, plum sauce, soya sauce, sweet chili pepper sauce.

Thursday December 2

Chicken noodle soup - Thursday

Chicken broth, pieces of chicken, noodles, onions, celery, carrots, spinach, salt, pepper.

Individual	1/2 Family	Family
3.95 \$		6.90 \$

Crab cakes - Thursday

Pollock, celery, mayonnaise, butter, breadcrumbs, onions, dill, shallots. Rice, butter, italian spices, carrots, green peas, salt, pepper.

7.25 \$	14.25 \$	27.00 \$
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Goat cheese and spinach Quiche - Thursday

Dough, eggs, 15% cream, white cheddar and goat cheese, spinach, salt, pepper.

4.75 \$		11.50 \$
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Cheddar Bacon Quiche - Thursday

Dough, eggs, 15% cream, bacon, cheddar cheese, shallots, salt, pepper.

4.75 \$		11.50 \$
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Friday December 3

Pea soup - Friday

Ingredients: chicken broth, peas, onions, celery, bacon, pepper.

Individual	1/2 Family	Family
3.95 \$		6.90 \$

Traditional lasagna

You ask for it every week since 2010. Our lasagna is mostly popular cause it is tasty and no vegetable added. Just the way kids especially love it!
Our meat sauce is made with ground beef and cheese on each layers. Just DELICIOUS!

6.95 \$	14.00 \$	26.50 \$
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Our breads - Friday

To assure your order, you need to reserve at the latest 6pm the day before you pick-up. Otherwise, for same day reservations, it will be depending on what we have in store. ***** Home made recipes. Heat for a better taste experience! Available in two sizes, SMALL between 170g and 190g (depending on the kind) and the BIG between 450g and 480g.

Spaghetti meat sauce & meatballs

This sauce is like our regular spaghetti sauce but to make it more filling, we added mini beef meatballs (eggs, parmesan).

5.25 \$		10.00 \$
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Spaghetti meat sauce

Here is a simple delicious spaghetti sauce(beef only). No need to make it yourself. Try it out!

4.50 \$		8.00 \$
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Frozen meals

Multigrain tilapia ALREADY FROZEN

Individual	1/2 Family	Family
	14.00 \$	

Ingredients: rice, butter, italian seasonings, tilapia, flour, barley, milk, oatmeal, eggs, salt, pepper.

Cinnamon bread -10% ALREADY FROZEN

Home made recipe. Served in our little aluminium containers. Heat for a better taste experience!

Ingredients: flour, milk, cream, eggs, sugar, salt, yeast, cinnamon, butter, cream cheese icing.

----- Small = 190g ***** Big = 470g

Oatmeal and chocolate chip cookie ALREADY FROZEN

1.95 \$

nut free

Oatmeal cookie ALREADY FROZEN

1.95 \$

nut free

Cream of vegetable -10% ALREADY FROZEN

4.45 \$

7.90 \$

Potato and leek soup -20% ALREADY FROZEN

3.95 \$

6.90 \$

Chicken broth, leek, potato, salt, pepper.

Cabbage rolls -10% ALREADY FROZEN

27.00 \$

Cabbage, pork and ground beef, onions, rice, tomato sauce, Italian spices, garlic.

Seafood lasagna ALREADY FROZEN

24.00 \$ 45.00 \$

NEW RECIPE!! ***** Ingredients: lasagna pasta, white sauce, milk, flour, butter, fish broth, shrimp, calmars, moules, palourdes, crabe, homard, aneth, ail, fromage mozzarella, monterey jack et cheddar.

Italian meatballs on linguini -10% ALREADY FROZEN

26.50 \$

Linguini, ground beef, breadcrumbs, milk, eggs, onions, spices, garlic, parsley, oil), (sauce: tomato, tomato paste, ground tomato, garlic, italian spices) parmesan cheese.

Parmesan garlic and parsley bread - ALREADY FROZEN

Home made. Served in our little aluminium containers. Heat for an exceptional taste experience!

Ingredients: flour, milk, cream, eggs, sugar, salt, yeast, parmesan, garlic, parsley, butter.

Cheddar bread -10% Already Frozen

Homemade recipe. Served in our small aluminum container. Enjoy with our lasagna or other meal. Heat for a better taste experience!

Ingredients: flour, milk, cream, eggs, sugar, salt, yeast, cheddar cheese, butter.

Carrot cake - Already Frozen

Home made without peanuts/nuts.

Chocolate cake - Already Frozen

Home made without peanuts/nuts. *** Moist cake.

Muffin - Already Frozen

Pouding chômeur ALREADY FROZEN

Pour garantir votre réservation, réservez au plus tard 18h le jour avant votre ramassage. Sinon, c'est selon la disponibilité en magasin.

Ingrédients: sucre, eau, mélasse, crème, oeufs, farine, huile, bicarbonate de soude, lait, sel.

Traditionnal lasagna ALREADY FROZEN

6.95 \$ 14.00 \$ 26.50 \$

You ask for it every week since 2010. Our lasagna is mostly popular cause it is tasty and no vegetable added. Just the way kids especially love it!
Our meat sauce is made with ground beef and a mix of mozzarella and cheddar cheese on each layers. Just DELICIOUS!

Spaghetti meat sauce ALREADY FROZEN

4.50 \$ 8.00 \$

This sauce is like our regular spaghetti beef meat sauce.

Spaghetti meat sauce & meatballs ALREADY FROZEN

5.25 \$ 10.00 \$

This sauce is like our regular spaghetti sauce but to make it more filling, we added mini beef meatballs (eggs, parmesan).

Minestrone soup - ALREADY FROZEN -10%

3.95 \$ 6.90 \$

Vegetable broth, noodles, spinach, celery, tomato, carrots, red kidney beans, zucchini, basil, origano, salt, pepper.

Chicken noodle soup ALREADY FROZEN

6.90 \$

Chicken broth, pieces of chicken, noodles, onions, celery, carrots, spinach, pepper.

Frozen, heat for about 20-25 minutes for at 375

Tortillas white flour, pieces of chicken breasts, bacon, cheese, spinach, mayo, chicken spices, cury.

Salmon pie - ALREADY FROZEN

20.00 \$

Individual pie 5" and family pie 10" *****

Dough at the bottom only. Topped with a mix of cheddar and mozzarella cheese. Potato, 2% milk, butter, garlic, dill, cubes of salmon, salt, pepper.

Pasta and sausage meat casserole -10% ALREADY FROZEN

6.95 \$ 13.90 \$ 26.00 \$

Pasta, crushed tomatoes, mild italian pork sausage meat, onions, peppers, broccoli, garlic, basil, oregano, parmesan cheese.
